CLAIMS

What is claimed is:

- 1. A method of treating dermatological conditions not known to be caused by a virus or bacteria, such as eczema, seborrheic dermatitis, psoriasis, hives, skin irritations, poison ivy, poison oak, comprising the steps of:
- (a) applying to each area of a person's skin of between approximately one half a square inch and approximately one square inch affected with the dermatological condition a solution comprising a combination of a decongestant and an antihistamine, the solution having a volume of at least approximately 0.02 milliliters, and
- (b) applying to and smearing on at said each area of the person's skin a topical corticosteroid cream, the cream having a weight of between approximately 0.03 grams and approximately 0.3 grams.
- 2. The method of claim 1, wherein applying the solution means applying a solution having a volume of between approximately 0.02 milliliters and approximately 0.18 milliliters.
- 3. The method of claim 2, wherein the step of applying the solution involves applying a solution comprising a combination of pheniramine maleate with either naphazoline HCL or phenylephrine HCL.
- 4. The method of claim 2, wherein the step of applying the solution involves applying a solution comprising a combination of pheniramine maleate with phenylephrine HCL

- 5. The method of claim 2, wherein the step of applying the solution involves applying a solution comprising a combination of pheniramine maleate with naphazoline HCL
- 6. The method of claim 2, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class II and Class VII.
- 7. The method of claim 2, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class III and Class VII.
- 8. The method of claim 2, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class IV and Class VII.
- 9. The method of claim 2, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class V and Class VII.
- 10. The method of claim 2, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified as Class VI or Class VII.

- 11. The method of claim 2, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified as Class VII.
- 12. The method of claim 2, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of hydrocortisone 1%.
- 13 The method of claim 1, wherein applying the solution means applying a solution having a volume of between approximately 0.03 milliliters and approximately 0.12 milliliters, and wherein applying to and smearing the topical corticosteroid cream means applying to and smearing a topical corticosteroid cream having a weight of between approximately 0.05 grams and approximately 0.2 grams.
- 14. The method of claim 13, wherein the applying of the solution involves applying the solution which comprises a combination of pheniramine maleate with either naphazoline HCL or phenylephrine HCL.
- 15. The method of claim 14, wherein the applying of the solution involves applying the solution in which there is between approximately 5 and approximately 15 times as much pheniramine maleate (by weight per milliliter) as naphazoline HCL or phenylephrine HCL.
 - 16. The method of claim 13, wherein the step of applying the solution involves applying

a solution comprising a combination of pheniramine maleate with phenylephrine HCL

- 17. The method of claim 16, wherein the applying of the solution involves applying the solution in which there is between approximately 5 and approximately 15 times as much pheniramine maleate (by weight per milliliter) as phenylephrine HCL.
- 18. The method of claim 13, wherein the step of applying the solution involves applying a solution comprising a combination of pheniramine maleate with naphazoline HCL
- 19. The method of claim 18, wherein the applying of the solution involves applying the solution in which there is between approximately 5 and approximately 15 times as much pheniramine maleate (by weight per milliliter) as naphazoline HCL.
- 20. The method of claim 13, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class II and Class VII.
- 21. The method of claim 13, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class III and Class VII.
- 22. The method of claim 13, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose

potency is classified between Class IV and Class VII.

- 23. The method of claim 13, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class V and Class VII.
- 24. The method of claim 13, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified as Class VI or Class VII.
- 25. The method of claim 13, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified as Class VII.
- 26. The method of claim 13, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of hydrocortisone 1%.
- 27. A method of treating dermatological conditions not known to be caused by a virus or bacteria, such as eczema, seborrheic dermatitis, psoriasis, hives, skin irritations, poison ivy, poison oak, comprising the steps of:
- (a) applying to each area of a person's skin of between approximately one half a square inch and approximately one square inch affected with the dermatological condition a solution comprising a combination of pheniramine maleate with either naphazoline HCL or

phenylephrine HCL.decongestant, the solution having a volume of at least 0.02 milliliters, and

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- (b) applying to and smearing on at said each area of the person's skin a topical corticosteroid cream, the cream having a weight of between approximately 0.03 grams and approximately 0.3 grams.
- 28. The method of claim 27, wherein applying the solution means applying a solution having a volume of between approximately 0.02 milliliters and approximately 0.18 milliliters.
- 29. The method of claim 28, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class II and Class VII.
- 30. The method of claim 28, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class III and Class VII.
- 31. The method of claim 29, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class IV and Class VII.
- 32. The method of claim 28, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified between Class V and Class VII.

- 33. The method of claim 28, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified as Class VI or Class VII.
- 34. The method of claim 28, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of a topical corticosteroid whose potency is classified as Class VII.
- 35. The method of claim 28, wherein the step of applying and smearing on the cream involves applying and smearing on said cream comprised of hydrocortisone 1%.
- 36 A composition for treating dermatological conditions not known to be caused by a virus or bacteria, such as eczema, seborrheic dermatitis, psoriasis, hives, skin irritations, poison ivy, poison oak, comprising:

a mixture comprising

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- (1) a solution having a combination of a decongestant and an antihistamine, the solution having a volume of between approximately 0.075 milliliters and approximately 0.3 milliliters, and
- (2) a topical corticosteroid cream, the cream having a weight of between approximately 0.125 grams and approximately 0.5 grams.
 - 37. The composition of claim 36, wherein the antihistamine is pheniramine maleate and

the decongestant is either naphazoline HCL or phenylephrine HCL.

38 A composition for treating dermatological conditions not known to be caused by a virus or bacteria, such as eczema, seborrheic dermatitis, psoriasis, hives, skin irritations, poison ivy, poison oak, comprising:

a cream whose active ingredients comprise

- (1) naphazoline HCL or phenylephrine HCL,
- (2) pheniramine maleate,
- (3) a topical corticosteroid.
- 39. The composition of claim 38, wherein the topical corticosteroid is hydrocortisone.
- 39. The composition of claim 37, wherein the inactive ingredients include a pH adjuster and a preservative.